

# Seeing Straight

## A simple Cure For Cross Eyes/Lazy Eyesion Technique

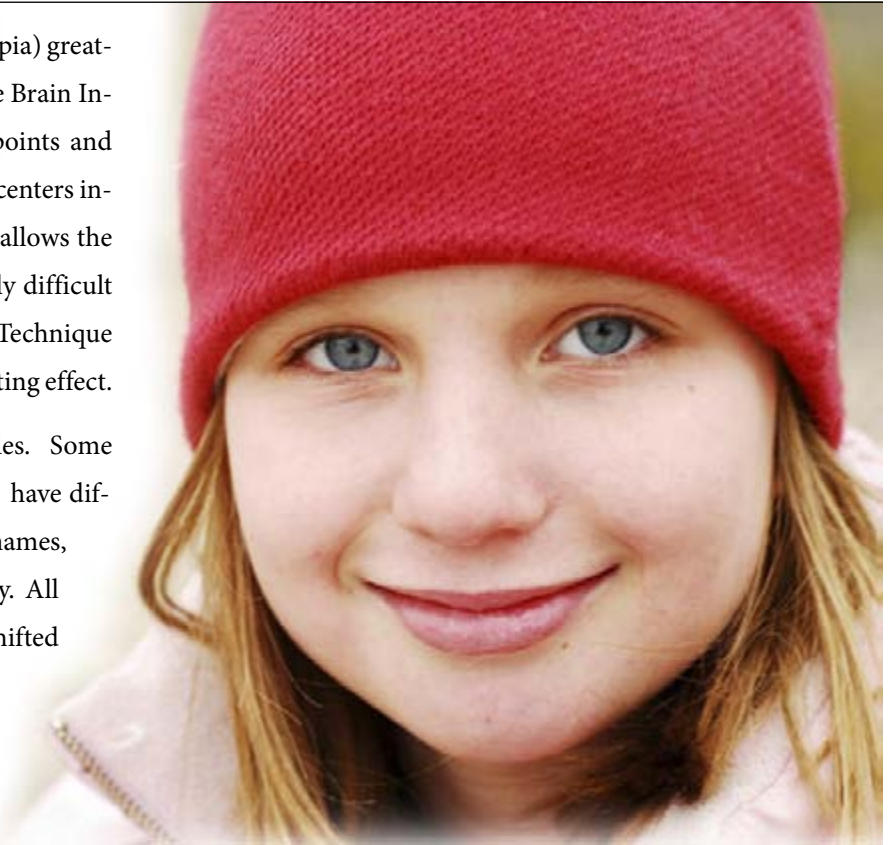
Published online November 11, 2010  
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**C**ross-Eyed (Strabismus) and Lazy Eye (Amblyopia) greatly affect vision, making reading difficult. I use Brain Integration Technique, involving acupressure points and muscle testing to identify the muscles, nerves and brain centers involved and bring these areas back to homeostasis. This allows the eyes and brain to work together and focus on previously difficult tasks without effort or discomfort. Brain Integration Technique corrects these disorders in a very short time and with lasting effect.

People I have helped have a variety of memory troubles. Some people reread work e-mails 6-8 times in order to reply, have difficulty remembering lectures, instructions, people's names, scheduled events, books, and what they did yesterday. All of these memory troubles listed and not listed can be shifted with the Brain Integration Technique.

One woman with Strabismus did not know what was causing her reading problems until she was a teenager. The school eye exams did not detect her problem. She had trouble with anything involving reading, including organizing numbers and mathematical story problems. She experienced headaches and became tired quickly when reading. She employed strategies to help her read: placing a piece of paper under the line of text she read or following the words with her finger. She was prescribed prism glasses, which worked well, but if she took them on and off during the day she would get nauseated.

In her case, we initially planned two sessions. The test I use to bring out the difference in left and right visual fields is to look at an image of a cross at eye level, from a few feet away. She covers one eye and quickly pulls the hand away. In that moment the cross will either stay put or appear to be moving. An overlapping visual field shows up as the cross moving, before the dominant eye refocuses and the person sees one cross. To help the eyes correctly align, I work with the eyes' muscles and the brain centers involved in eye movement and image processing. Muscle testing the ocular muscles and their accompanying nerves helps to pinpoint which



ones are over or under-active. I look at the eyes individually and how they work together. After identifying which areas need to be worked with I hold acupuncture points. This enhances blood flow to help stimulate neurons within those areas. The neurons reset, causing a contracted muscle to relax. I notice that often people feel an immediate lessening of stress/pain in their eyes. For this woman, she noticed the cross moved less and less each time I tested her.

Another level of this treatment is to go through the brain centers involved with the eyes, and visual processing. In this case we continued the cross test and worked with the basal ganglia. Taking on and off her glasses a lot caused her to become physically sick. We worked with the basal ganglia for her sense of balance in connection to her visual field shifting and muscle re-patterning. Brain Integration works like going to a fuse box and turning on a circuit. The brain center can now light up from the infusion of blood and neuron activity. It turns on to full functioning and has stronger connections with the eyes and other brain centers. This level of

transformation will be seen very clearly with this woman's physical sickness due to her adjusting visual perspective with and without glasses. This took two sessions to shift.

By the end of her second session she saw no movement in the cross when tested. Her eyes were aligned. I said, "You don't need to put on your glasses." She later shared with me her internal response. "What do you mean? I have to drive home without them?" She felt nervous but once in the car, she had no trouble driving home.

We spoke a few days after her second session. She said, "My reading is fine. I have zero headaches and no need to use my finger or paper as a guide to read with." The one thing still bothering her was feeling insecure without her glasses. (She still carried them in her pocket.) She said, "Everyone is asking me where my glasses are. They don't believe me when I say I no longer need my prism glasses."

Her final session focused on her mental and emotional attitudes towards needing her glasses, not liking to read, and working with columns of numbers. I often need to address these attitudes because even though the person can do a task, if they do not like the task, they will keep avoiding it. Afterwards, she felt more comfortable at work and no longer carried her glasses around with her. A short while later she visited her eye doctor. This for her was the final test of our work together. The optometrist tested her and gave her an "OK" to no longer wear her 'prism' glasses. She called me overjoyed with the news that a Doctor verified her eyes were perfectly fine.

Even though she had Strabismus since she was young, I was able to help align her eyes so they had one field of vision in two sessions. The third session helped her to adjust to this new way of being in her life and lift the dislike she had for reading. Brain Integration is an effective and non-invasive technique that easily shifts lazy eye or crossed eye conditions.

*~Alex Lovejoy*

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